

MEAT FREE - MEAT FREE MONDAY

5 - 1 OF YOUR 5 A DAY
1 DAY

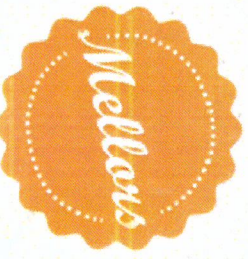
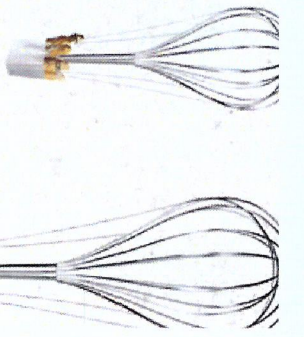


CHEF'S CHOICE

BE A HIGH-FLYER.
A HEALTHY SCHOOL LUNCH
SUPPORTS YOUR LEARNING

All Meat Dishes Are Halal

Menu 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Lasagne & Garlic Bread Salad	Chicken Curry & Rice	Roast Chicken & all The Trimming	Beefburger on a bun	Fish Fingers Chips & Peas
2nd Choice	Tomato Pasta & Garlic Bread & Salad Jacket Potato & Fillings	Vegetable Sweet & Sour with Rice Jacket Potato & Fillings	Cheese & Veg Quiche with New Potato Jacket Potatoes & Fillings	Cheese & Beans Wrap with Herby Potato Jacket Potatoes & Fillings	Cheese & Tomato Pizza Chips & Peas
Dessert of the Day	Angel Delight	Home Bake	Rice Pudding	Home Bake	Choice of Yoghurt
Fresh Fruit	Whole Fruit Or Fruit Pot	Whole Fruit Or Fruit Pot	Whole Fruit Or Fruit Pot	Whole Fruit Or Fruit Pot	Whole Fruit Or Fruit Pot



MENU